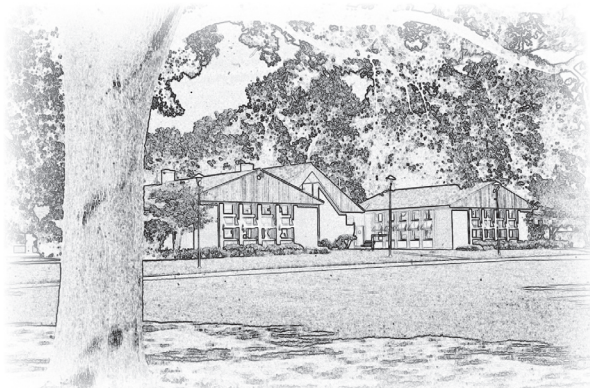


What's a Personally Directed Retreat?

A retreatant comes with a desire, and God has a desire. The director of a Personally Directed Retreat watches, listens and keeps a flashlight on the conversation between the two.

Like the Center's trademark Ignatian Weekend Retreats, PDR's are silent. Unlike the Ignatian Weekend Retreats, they are not constructed around a group. Instead, they are tailored to the individual.

PDR's offer retreatants a quiet time spent in the tradition of the *Spiritual Exercises* of St. Ignatius, a time for retreatants to pay attention to their own experiences and to God's presence within those experiences. Each retreatant is matched with a carefully selected retreat director. The retreat lasts for seven days, though a retreatant can come for a shorter time.



Milford's Loyola Building is home to most Personally Directed Retreats.

In today's culture, it's important to have a breathing time, a time to pause before rushing on. The PDR provides that kind of time.

A typical retreat schedule has two daily anchors — a 45-minute meeting with a director and Mass late in the afternoon. During the rest of the day, retreatants spend their time in activities designed to deepen their awareness of themselves and their relationship with God. The activities are solitary and contemplative and can include prayer, journaling, reading, walking on the 37-acre grounds, art, music and massage.

At the heart of PDR's are daily meetings between the retreatant and his or her director, or spiritual companion. In each meeting, the director listens to what has been happening in the previous 24 hours and then assists the retreatant in fully exploring the experience. The director may help to discern the nudges and the nuances of the Holy Spirit. He or she may help the retreatant in hearing the voice of God through the many worldly voices and demands that are a part of everyday life. But in each case, the director is present to accompany, to guide.

The goal of the PDR experience is to allow retreatants to go deeper into their relationships with God while at the same time savoring what is happening. Sometimes with this deepening relationship comes healing, and with healing an invitation to be more loving toward family, more actively present in the community, more willing to be stretched by God's love.

2012 Schedule of Personally Directed Retreats

March 30 - April 1 Women's Journey, with Dede Swinehart and team. The retreat fee is \$250.

May 18 - 25 with directors Marilyn Kaiser; Anne Flanagan, SNDdeN; Margaret Ann Hagan, OSU; Dick Murphy, SJ; Wanda Wetli, CSJ; Pat Brockman, OSU; Tom Ryan, SJ; Wanda Smith, RSM.

June 15 - 22 with directors Helen O'Brien, OSU; Dan Roche; Margaret Ann Hagan, OSU; Tom Ryan, SJ; Dede Swinehart; Pat Brockman, OSU.

July 13 - 20 with directors Dan Roche; Barbara Bir, OSU; Renee Nienaber, SND; Tom Ryan, SJ; Antoinette Purcell, OSB and Wanda Smith, RSM; Wanda Wetli, CSJ.

Aug. 3 - Aug. 10 with directors Margaret Ann Hagan, OSU; Wanda Smith, RSM; Tom Ryan, SJ; Dan Roche; Fr. Al DeGiacomo.

Oct. 5 - 12 with directors Marilyn Kaiser; Dan Roche; Anne Flanagan, SNDdeN; Helen O'Brien, OSU; Dede Swinehart; Tom Ryan, SJ; Pat Brockman, OSU; Fr. Ray Aichele; Antoinette Purcell, OSB.

Dec. 2 - Dec. 9 with directors Antoinette Purcell, OSB; Marilyn Kaiser; Tom Ryan, SJ; Helen O'Brien, OSU; Wanda Wetli, CSJ; Anne Flanagan, SNDdeN.

The Contemplative Retreat, June 8 - 14 with Hans Koenen, SJ, will focus on methodology. In addition to liturgy and quiet times, retreatants will spend each day learning and practicing methods of contemplation. The fee for the retreat is \$450.

30-Day Spiritual Exercises Retreat, Sept. 30-Nov. 2

Fr. Lou Lipps, SJ, who previously coordinated our Personally Directed Retreats, has been missioned to Colombiere Center. The retreats will now be coordinated by Sr. Anne Flanagan, SNDdeN, Sr. Helen O'Brien, OSU and Dan Roche.



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To begin the registration process, please fill out the information below and include a \$50 deposit and a 1-page biography, which will help in the selection of your director. The fee for a 7-day retreat is \$525.

Retreat you wish to attend _____

Name _____

Address _____

City _____

State _____ Zip _____

Home Ph _____

Wk Ph _____

Emergency contact _____

Phone No. _____

A non-refundable deposit of \$50 and a short biography are enclosed.

To pay by credit card:

MasterCard Visa Exp. date _____

Card No. _____

Jesuit Spiritual Center at Milford

5361 S. Milford Road

Milford, Ohio 45150-9746

(513) 248-3500

www.jesuitspiritualcenter.com

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In Joyful Expectation: A 2011 Personally Directed Advent Retreat

In the season of quiet and longing, the Nov. 27 - Dec. 4 silent retreat welcomes those who want to be serious about how Jesus Christ comes to them here and now in many and various ways. There will be opportunity for daily Eucharist. Morning Prayer will focus on the Advent readings. Directors include Helen O'Brien, OSU; Wanda Wetli, CSJ; Antoinette Purcell, OSB; Marilyn Kaiser, Tom Ryan, SJ; and Wanda Smith, RSM.



Personally Directed Retreats, 2012



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